



The purpose of the Youth Sports Program is to teach youngsters the fundamentals of the sports offered. All activities are open to both experienced as well as inexperienced players. Instruction is coordinated to allow all players to learn the same basic skills. The primary goal of the youth program is to encourage participation and sportsmanship. All participants, parents and guests are expected to adhere to the code of conduct distributed with league materials and posted at all facilities.

For information concerning activities or financial assistance, call 691-5084.

Parkway Gymnasium

385 Park Way

James Northum, Recreation Supervisor II (619) 691-5084

Ted Nelson, Recreation Supervisor III (619) 409-5892

Throughout the year, Parkway Gym offers a variety of athletic activities for youths and adults. Equipment is available through a checkout system.

Co-ed Volleyball Workshop

We are now offering clinics for both the west side and east side of Chula Vista.

This program is for girls and boys in grades 6-8. The workshop will meet on Wednesdays from 6:30 - 8:30 pm and on Saturdays from 9:30 - 11:30 am at Parkway Gym.

Sept 13 - Nov 11.

East Side

This program is for girls and boys in grades 6-8. The workshop will meet on Tuesdays from 6:30 - 8:30 pm at Montevalle Recreation Center and on Saturdays from 1:00 - 3:00 pm at Salt Creek Recreation Center.

Sept 12 - Nov 11.

Mail-in Registration: Aug 7 - 19 Walk-in Registration: Aug 28 - Sept 16 Parkway Gym, Mon - Fri, 2:00 - 7:00 pm

Registrations post marked before August 7 and after August 19 will not be accepted. Space is limited!

Fees:

\$30 Resident \$38 Non-Resident

Winter Youth Basketball

Registration open to all levels. The program emphasizes basketball fundamentals. Teams are co-ed. The Western league will include Division A, B and C girls' teams, pending the number of sign-ups. Individual requests for children to be placed on the same team for car pool reasons, and requests for specific coaches and practices cannot be honored.

With the opening of the new recreation centers on the east side, the department will offer two separate leagues – East and West. The leagues will play by the same rules and regulations. You may sign up for either league.

Practices and games for the Eastern league will be held east of I-805. Western league practices and games will be held west of I-805.

Call the Youth Athletics office at 691-5084 for more information.

League play begins December 2

Mail-in Registration: September 25 - October 7

Walk-in Registration: October 16 - October 22 or until leagues are full

Ages: 6-17

Fees:

\$60 Resident \$75 Non-Resident

Youth Sports Certification Program

This free program is designed to prepare youth for employment with the City's Recreation Department. Participants learn to operate scoreboards and timing equipment, and develop an understanding of fundamental rules and regulations of various athletic activities. The program combines classroom training, hands-on experience, and job preparation through an internship program.

Call the Athletics Office at (619) 691-5084 for more information.

We Need Volunteer Coaches!

The Athletics Section is currently recruiting volunteers to serve as coaches for the youth winter basketball program. Training is provided. All volunteer coaches are fingerprinted and screened by the Department of Justice in accordance with California State law. Interested individuals, please call (619) 691-5084.

Mail-in Registration

These activities have separate registration forms that may be picked up at any Recreation Center in the City of Chula Vista. The forms are available one week prior to the start of mail-in registration. Please DO NOT register using the forms in this brochure.

Walk-in Registration

All registrations for youth sports programs will be taken on the dates specified for each activity at:

Parkway Gymnasium, 385 Park Way Monday - Friday 2 - 7 pm

Online Registration

Register for selected activities via the Internet. Please go to: www.chulavistaca.gov/rec for more info. All registrations are processed on a first come, first served basis. There are NO REFUNDS for these activities. Financial assistance is available on a limited basis.

Walking/Running Club at City Parks



A variety of walking/running courses in the City have been mapped out. Choose a City Park to walk/run in. We will provide a map with mileage markers. Walkers and runners are encouraged to time their courses, and complete them in progressively faster times.

Examples of courses:

Rohr Park Bonita Long Canyon Sunbow Park Discovery Park **Explorer Park** Sunridge Park Marisol Park Sunset View Park Santa Venetia

All ages are welcome to participate, walk with family, friends and neighbors. Report your mileage to Parkway Gym.